

## Justice Works YouthCare

**Building Better Futures for Youth and Community** 

# Pennsylvania All Counties

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July 1st 2019 - June 30th 2020

### Social Impact in Action

Helping youth & families be successful!

JusticeWorks YouthCare in Pennsylvania has been working with children, youth, and families in more than 40 counties in Pennsylvania. The youth and families served come from diverse backgrounds and experiences and present for services with varying levels of strengths and resources to tackle their situations. JusticeWorks' staff step in to build on their strengths and assist them to manage their situations to lead to the best outcomes for them and their families.

#### **Our Services Are:**

•Strength-based •Family-centered •Trauma-informed •Outcomes-driven

#### VIOLATION INITIATIVE PROGRAM®

#### (Juvenile Probation)

- •VIP® reduces the likelihood of long-term out-of-home placement
- •Focuses on accountability, community protection, & competency development
- •Is an intervention for youth 10-21 years of age
- •Varies in intensity from 2 to 6 hours/week

#### Short-term Therapeutic Outreach to Prevent Placement® (CYS)

- •STOPP® keeps families intact, well-functioning, and their children safe
- •Focuses on prevention of out-of-home care, reduction in residential placements, & community reintegration
- Provides for small caseloads allowing for thorough assessment & quick response to family needs

### JUSTCARE® PROGRAM (JPO & CYS)

- •JustCare® keeps children safe and families intact
- •Focuses on rectifying relational & behavioral problems
- •Is a reunification program to reduce length of stay in residential services
- •Serves as a step-down to STOPP® & VIP®
- Provides individualized case management services

### Signature Programs at JusticeWorks YouthCare

### History JusticeWorks YouthCare

was founded in 1999 to provide a proactive continuing care program that embodies a 'whatever it takes' passion to be diligent, creative and tireless in serving children and families involved with the child welfare or juvenile justice systems. We incorporate into our service an array of evidence-based and research-informed programming to achieve the best outcomes for the youth and families in our care. We have also developed and continuously strengthen our own services of STOPP®, JustCare®, and VIP® to document social impact. We continuously strive to achieve the best outcomes for those we serve.

For more information visit us at: for www.justiceworksyouthcare.com

### Discharge Outcomes

Signature Programs

A key outcome for JusticeWorks' services is to **prevent out-of- home placements**; improving the lives of youths and reducing costs to the child welfare and juvenile justice systems by enhancing stability & permanency.

The status of the youth and family at time of discharge is also critical for these youth and families to have stability in their lives and to obtain future successes. We strive to assist families in having their child return to home or to the most homelike atmosphere as possible.

We have families assess their own functioning at the beginning and end of services. Parents and youth complete self-ratings of their family and the child functioning on the Family Assessment Device and the Columbia Impairment Scale.

Additionally, meeting program components and reaching goals set are ways to measure program success. All youth and their families collaborate with staff to set goals and objectives that they want to work on during services. Collaborating with families in this way also increases the level of motivation and engagement with services. Progress is measured and reinforced throughout service delivery.





Prevented out-ofhome placement for 96% of youth in STOPP or JustCare services.



94% of youth were living in a home setting at discharge (all JWYC services).



68% of parents reported improvement in the family's functioning.



57% of parents reported improvement in their child's functioning.



62% of families met all program expectations at time of discharge.



78% of goal & objectives were met at time of discharge.



# Snapshot of Youth & Families Served

The youth and families who come into services are referred either by the Child Welfare or Juvenile Justice systems. In the past fiscal year 76% of referrals came from a county Child Welfare system. The referral concerns at time of entry to the program varied from abuse & neglect to home management and parenting issues, as well at youth truancy.

For referrals from the Juvenile Justice system, youth have delinquency charges and present with issues related to school performance, behavioral issues, and peer relations.

For all services, we strive for high satisfaction ratings from both the families and the referral sources. We collect satisfaction survey at time of discharge.

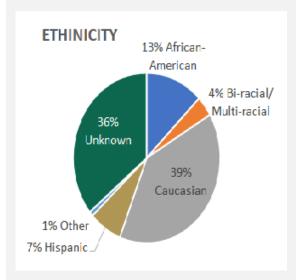
### **Child Welfare**

STOPP® is the most intensive signature service provided at JusticeWorks YouthCare. In FY 2020 the number of families who were discharged from STOPP® was 589 with an average length of service of 59 days. The least intensive of the signature services, JustCare®, we served 1, 486 families with an average length of service of 135 days.

### <u>Juvenile Justice</u>

VIP® works with the youth who is experiencing difficulties as well as with the family. In FY 2020, there were 303 youth & families served with an average length of care of 180 days.

## Discharged 4,281 Youth & Families





45% Male

55% Female

### **Satisfaction Achieved**

of youth & families were mostly or extremely satisfied with services.

96% of youth & families felt understood by JWYC staff.

of youth & families were mostly or extremely satisfied with how staff assisted them on meeting goals.

94% of referral sources felt that the service provided was effective.

of referral sources felt that JWYC staff were professional.

of referral sources were likely to refer another family to JWYC.

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# Snapshot of Services Provided

JW's has a strong capacity for implementing several researchinformed practices that have a proven track record of being able to meet the needs of youth and families served. We continuously assess the community need and institute those promising practices; ensuring the best quality of services possible.

**FGDM Outcomes** - The FGDM process is a strengths-based approach to join the wider family group to make decisions to resolve identified concerns for children and families. Outcomes gathered for 698 families.



**94%** of families were able to develop a plan to meet the needs of their family. For families who accepted FGDM services, **51** children were returned to the home.

**Anger Management Outcomes** – The Anger Management program uses the curriculum developed by Pfeiffer & Moss to address angry thinking styles. Anger assessments were collected at the beginning & end of the program for 62 individuals.



**80%** of individuals showed improved anger scores. **84%** of individuals were in the low level of pathology at discharge.

**Truancy Diversion/Remediation Programs** use the WhyTry® curriculum. WhyTry® is a resilience education program that provide hands-on solution to decrease dropout, increase attendance, and academic success. Outcomes reported are for 64 youth.



- **85%** of youth increased school attendance.
- Youth had an increase in self-concept & decision-making skills.



 Youth felt an increase in hope about the future & social supports.



Youth felt an increase in internal locus of control.

**Thinking for a Change** is an integrated cognitive behavioral change program that works to develop a youth's social skills development & learn & use appropriate problem-solving skills. Outcomes reported are for 20 youth.





- **75**% improved on overt scale.
- **85%** improved on covert scale.
- **80%** improved in their overall thinking scores.

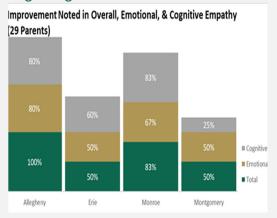
Nurturing Parenting® is a researchinformed program to help parents build their nurturing parenting skills as an alternative to abuse & neglect. Parenting skills is assessed on the Adult Adolescent Parenting Inventory (AAPI) at the beginning & end of services.



81% of families (N = 178) showed an overall improvement in parenting skills. 97% were in the low or

97% were in the low or moderate risk level at discharge.

Visit Coaching is a research-informed approach to supporting families visiting with their children who are in placement. While meeting the unique needs of each child, parents are "coached" so they have successful visits. Parental empathy is assessed on the Basic Empathy Scale at the beginning & end of services.



Family Finding connects each child with a family so that every child may benefit from the lifelong connections that only a family provides. Outcomes reported here are for x youth.



An average of x new supports were found for the youth.



X% of youth had a family meeting.

X% of youth had a Life Supports Plan made.